

## Who Can be a Godparent?

A Godparent is someone who is able to receive a letter of recommendation from the Catholic parish they are registered. They are a Catholic who has been confirmed, if married, married in the Church. They live a life of Christian values and morals and follow the five precepts of the Church:

- a. Attend Mass weekly and on Holy Days of Obligation
- b. Go to confession at least once a year
- c. Receive Holy Communion at least once a year during the Easter season
- d. Observe the prescribed days of fasting and abstinence (fasting on Ash Wednesday and Good Friday, abstaining from meat on Fridays in lent)
- e. Provide for the needs of the Church in time, talent or treasure.

\*\*If you are unable to find eligible Godparents, let us know. We are happy to connect you with a couple who will walk this journey of faith with your family.